

Self Assessment

Thromboembolism

1. Venous thromboembolic disease is considered a chronic disease for which predominant reason(s):
 - a. VTE typically causes damage to the involved vein resulting in long-term sequelae such as post thrombotic syndrome
 - b. The risk for recurrence decreases with time, but never completely subsides
 - c. The underlying risk factors that lead to the clot, either hereditary or acquired never completely subside
 - d. All of the above.
2. The optimum duration of anticoagulant therapy following an initial episode of VTE:
 - a. Should be optimized between the risk for recurrence and risk of bleeding associated with the anticoagulant therapy
 - b. Is determine based on the risk and conditions associated with the event, such as whether the clot was provoked and what underlying risks are present
 - c. Should be applied appropriately whenever possible because an inadequate course of therapy as associated with an increased risk for recurrence
 - d. All of the above.
3. Given the following list of risk factors, list the groupings in regard to risk for recurrence, from least risk to greatest risk :
 - 1) Long car trips, morbid obesity;
 - 2) Mildly elevated homocysteine level, unprovoked thrombosis 12 months ago;
 - 3) Active adenocarcinoma, chemotherapy, DVT 3 months ago;
 - 4) Distal DVT 3 years ago related to fracture, no thrombophilia
 - a. 3,2,4,1
 - b. 2,1,4,3
 - c. 1,4,2,3
 - d. 3,4,2,1
4. Elevations of which factors have been associated with an increased risk for recurrence:
 - a. FVIII, FVII, FIX, TFPI
 - b. TAFI, FVIII, FIX, FXI
 - c. AT, PC, PS
 - d. FXII, FVII, FV, FII
5. Recurrence of VTE increases an individual's risk for
 - a. Death
 - b. Hemorrhage
 - c. Cancer
 - d. Developing thrombophilia

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Self Assessment Registration Form

Record your answers below by circling the correct answer for each question. Participation is confidential.

- | | | | | |
|----|---|---|---|---|
| 1. | a | b | c | d |
| 2. | a | b | c | d |
| 3. | a | b | c | d |
| 4. | a | b | c | d |
| 5. | a | b | c | d |

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 yes no

Was text material well organized and informative?
 yes no

Were table/figures useful and clear?
 yes no

Did self assessment questions reflect objectives and text?
 yes no

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